

New Aspects on Prevention, Diagnosis and Treatment of Electro Magnetic Field (EMF) related Health Problems

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**ÄRZTEKAMMER
FÜR WIEN**

Mobile phones and wireless-technology

BENEFITS VERSUS RISKS

Benefits versus risks

- **Communication**
„always and everywhere“
- **Psycho-social changes in communication**
- **Independence**
- **Emergency call: 112**
- **Documentation of accidents**
- **cave: traffic accidents!!!**



QR (*Quick Response*)-Codes



„Wise“- Mobile Applications (Apps)

- Medical-Apps
- Fitness-Apps
- Translators
- Wheather, traffic
- Information
- etc., etc.

Navigation

Surveillance?!



Risks and harmful effects

...you do not think about in the first moment...



„Cell-Phone“-addiction and stress

Unconscious dangers

- „Neck-Stress“
- Muscular tensions
- Tension headache



**waste problems –
„technological scrap iron“**

Rare Earth elements

Mobile phones and wireless-technology

IMPORTANT FACTS FOR ARGUMENTATION

2 Types of EHS

Electrohypersensibility

Humans with Electrohypersensibility can feel electromagnetic fields, but they do not suffer from them

Electrohypersensitivity

Humans with Electrohypersensitivity have undesirable reactions and a wide range of complaints.

Electro-Hypersensitivity symptoms

in EU: approx. 5-10% of the population

in US: 3% High sensitive und 35% Moderate sensitive

- Sleeping disorders
- Stress, anxiety, irritability↑
- Headache
- Tinnitus
- Concentration- and learning difficulties
- Fatigue, energy loss
- Depression
- Feeling of faintness (muscular)
- Vertigo, dizziness and orientation disorders
- Eyestrain and increased intraocular pressure
- Flu-like symptoms

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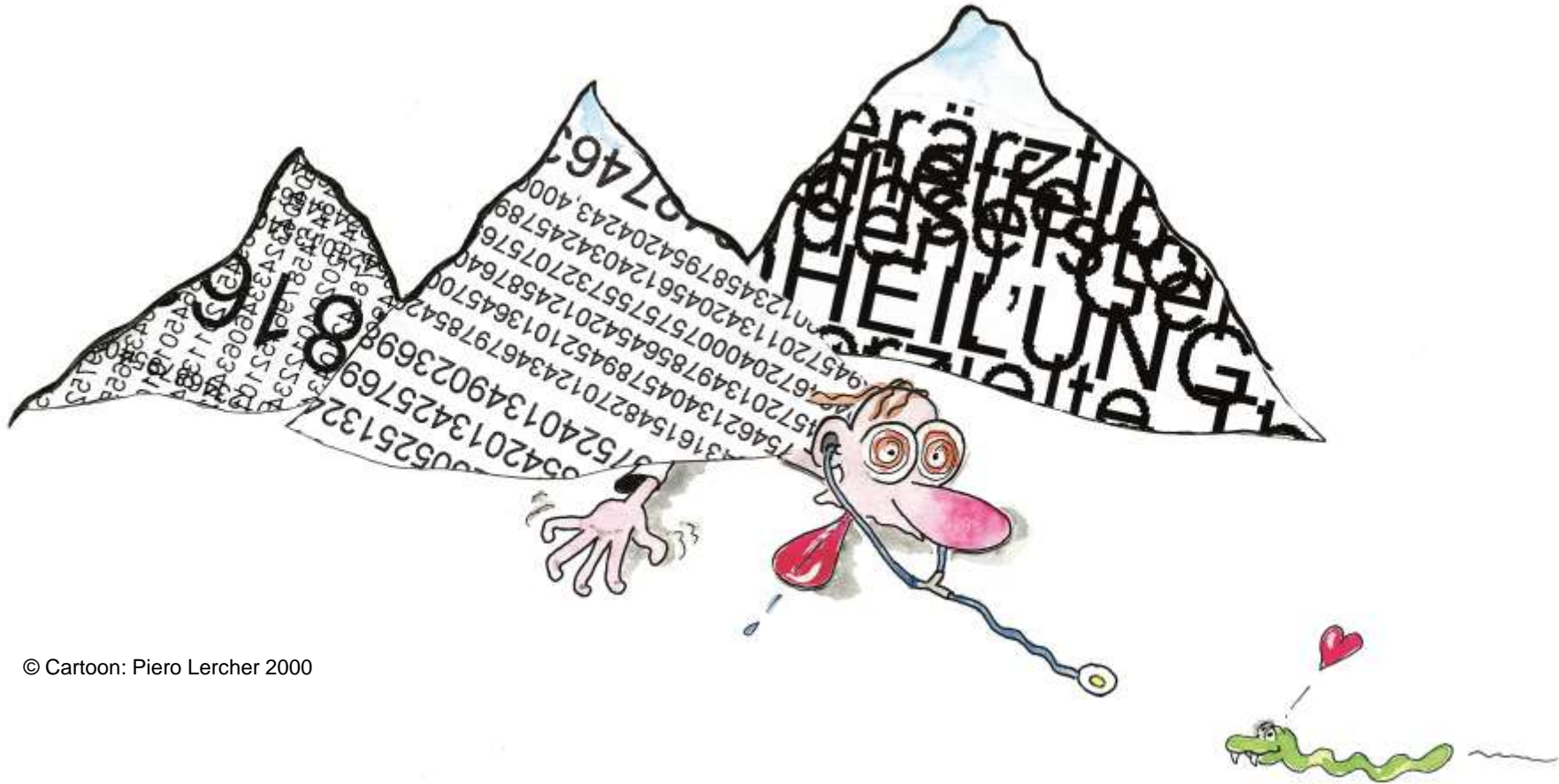
- Vert

- Eyes and increased intraocular pressure

- Flu-like symptoms

**PSYCHOSOMATIC
SYMPTOMS,
BURN-OUT!???**

Studies and data?



© Cartoon: Piero Lercher 2000

Problem of medical counter-argumentation

- Each study is refuted with a counter study, whether pro or contra
- Significance of case reports and empirical evidence
- appropriate study models?
- Long-term studies

Conclusion:

We are all participants in a global field trial - lasting about 25-30 years

WHO-Fact Sheet Nr. 193

The screenshot shows a web browser window displaying the WHO Media Centre fact sheet for "Electromagnetic fields and public health: mobile phones". The browser's address bar shows the URL www.who.int/mediacentre/factsheets/fs193/en/#. The WHO logo and name are at the top. A navigation bar includes links for Health topics, Data, Media centre (selected), Publications, Countries, Programmes, and About WHO. The "Media centre" section is active, showing a sidebar with links to News, Events, Fact sheets (highlighted), Features, Commentaries, Multimedia, and Contacts. The main content area is titled "Electromagnetic fields and public health: mobile phones" and identifies it as Fact sheet N°193, reviewed in October 2014. It includes a "Key facts" section with four bullet points: mobile phone use is ubiquitous with 6.9 billion subscriptions globally; electromagnetic fields from mobile phones are classified as possibly carcinogenic; studies are ongoing to assess long-term effects; and WHO will conduct a formal risk assessment by 2016. A paragraph below states that mobile phones are now an integral part of modern telecommunications, with over half the population using them and a market growing rapidly. To the right, there are links to share and print the fact sheet, contact information for the WHO Media Centre (phone: +41 22 791 2222, email: mediaenquiries@who.int), and a "Related link" section pointing to an interphone study on mobile phone use and brain cancer risk (pdf 176kb) and The International Electromagnetic Fields Project.

Cartoon contests

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www.who.int/mediacentre/factsheets/fs193/en/#

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Electromagnetic fields and public health: mobile phones

Fact sheet N°193

Reviewed October 2014

Key facts

- Mobile phone use is ubiquitous with an estimated 6.9 billion subscriptions globally.
- The electromagnetic fields produced by mobile phones are classified by the International Agency for Research on Cancer as possibly carcinogenic to humans.
- Studies are ongoing to more fully assess potential long-term effects of mobile phone use.
- WHO will conduct a formal risk assessment of all studied health outcomes from radiofrequency fields exposure by 2016.

Mobile or cellular phones are now an integral part of modern telecommunications. In many countries, over half the population use mobile phones and the market is growing rapidly. In 2014, there is an estimated 6.9 billion subscriptions globally. In

Share

Print

For more information contact:

WHO Media centre

Telephone: +41 22 791 2222

E-mail: mediaenquiries@who.int

Related link

[Interphone study on mobile phone use and brain cancer risk \[pdf 176kb\]](#)

[The International Electromagnetic Fields Project](#)

[Electromagnetic fields: base stations and wireless technologies](#)

11:49 13.01.2015

WHO-Fact Sheet Nr. 193

Key facts

- Mobile phone use is ubiquitous with an estimated **6.9 billion subscriptions** globally.
- The electromagnetic fields produced by mobile phones are classified by the International Agency for Research on Cancer as **possibly carcinogenic** to humans.
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Operating instructions

Did you know that the operating instructions advise you **to keep a certain distance to the ear when using the mobile device?**

Insurance!??

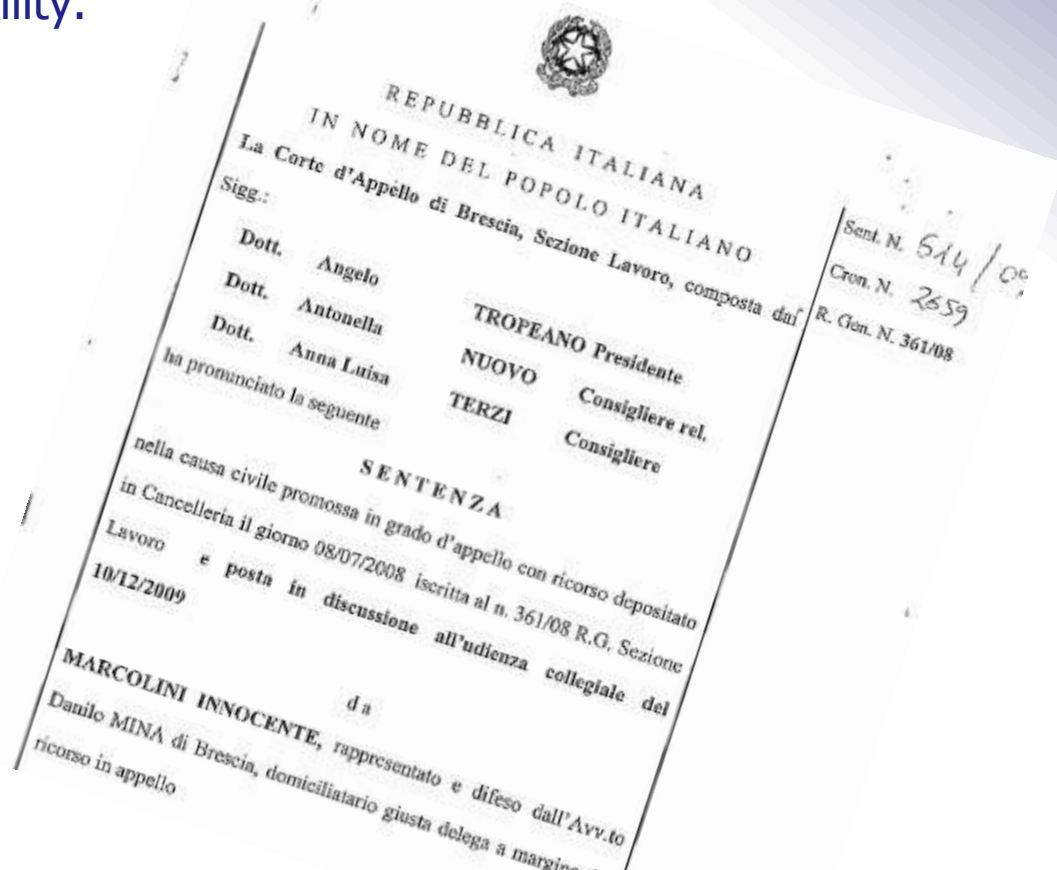
- liability
- reinsurance



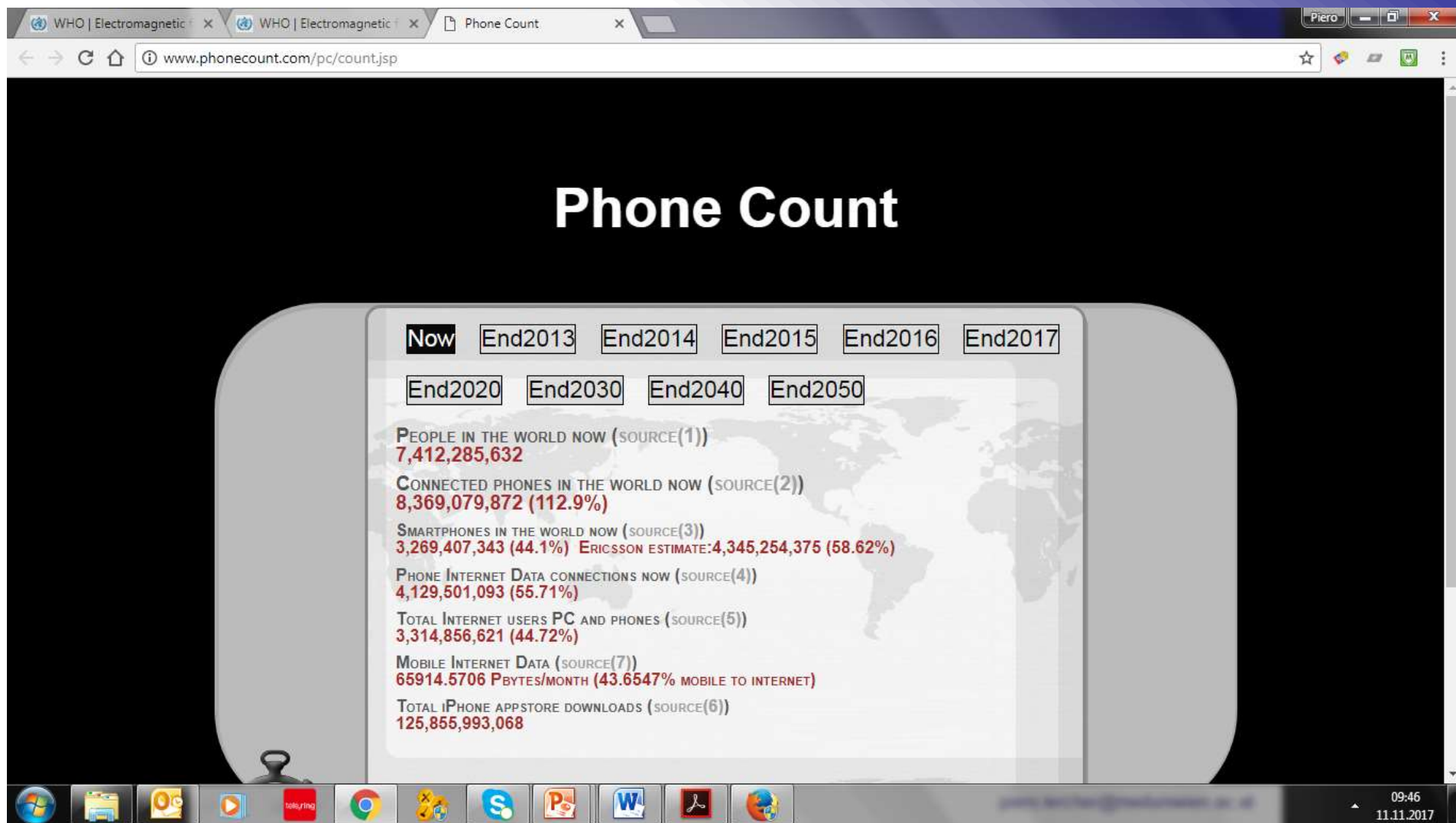
„Who is liable??“

The Marcolini judgment...

2012: Judgment of the Italian Supreme Court, according to which excessive phone calls with cordless phones and cordless phones can lead to 80 percent disability.



Therefore, the precautionary principle applies!



Mobile phones and wireless-technology

WHAT CAN WE DO?

What can we do?-1

- Establish guidelines and rules for safe handling and usage

e.g. 2005:

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What can we do?-2

- Take care of the **Precaution principle**: it is detailed in Article 191 of the Treaty on the Functioning of the European Union.
- Implementation of mobile-free zones and phases
- Implementation of recycling activities
- Technical modifications to reduce the radiation exposure: i.a. SAR value (specific absorption rate), zero-emission telephones, limit values, wired solutions, etc.

What can we do?-3

- Inform our elected representatives
- and "take them up on their promise"
- to make EMF a campaign topic
- Develop documentation regimes to adequately address health problems

Actually!!:

EUROPAEM EMF Guidelines 2016, for diagnosis, treatment and prevention

Conclusion-1

Restoring a world without mobile-phones is an illusion. It is a matter of propagating, precautions and rules for prudent handling of these technologies and encouraging and motivating the people to use these technologies **as a tool**, that is, only when really needed.

Conclusion-1

Restoring a world
is an ill.

**Nicosia Declaration
on Electromagnetic
Fields/Radiofrequencies
November 2017**

10,

Conclusion-2

Furthermore, potentially harmful technologies can be replaced by the implementation of other technologies without loss of comfort with sometimes even faster data transmission (e.g. fibre optic cables, VLC visible light communication).

Last but not least, the simplest and easiest strategy is to implement EMF-free zones and periods.

Notice!

Regarding the implementation of new technologies with a potential health risk, the precautionary principle has to be applied and respected

When using new technologies, the inclusion of common sense is imperative.

...and don't forget!

Referring to the “smart world”:

***Intelligence is an attribute of
life, not of technology!***

**Thank you
for your attention!**

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