



THE TIP OF THE ICEBERG EMF/RF HEALTH IMPACTS IS EMERGING - WE ARE PROMOTING REDUCTION OF CHILDREN EXPOSURE AND PROFYLAXIS

Dr. Stella Canna Michaelidou
*President of the Cyprus National Committee on
Environment and Children's Health*

*“We aim to minimize avoidable environmentally
linked diseases and disabilities,
by reducing children's exposure to risk factors”*



13
CMEs

EMF-Athens 14-15 Sept

CYPRUS NATIONAL COMMITTEE ON ENVIRONMENT AND CHILDREN'S HEALTH

(Ministerial Council Decision No. 59.304, 28/1/04)

A Multidisciplinary, scientific Comm. appointed by the Council of Ministers. Activities are financed by Min.of Health.

Our mandate To provide scientific support/advice to the Minister of Health, other Ministers, Regulators and Decision Makers. In particular to

To ADDRESS EMERGING , scientifically documented but not yet FULLY DEFINED or REGULATED RISKS & to insure PROMPT RESPONSE Based on Precautionary Principle, training and Awareness Raising

WHY we are addressing wireless technology (mobile phones, Wi-Fi, Bluetooth, DECT baby monitors, tablets etc)

1. Exposure is Unique, affecting entire population it is multiple, intermittent. Child exposure starts from embryo to adolescent - **Rapid unconditional integration of wireless tech in Schools**
2. Legislation based on (*ICNIRP* / EC Recom. 1999/519)
 - Does not address long term well documented biological effects (happening at extremely lower levels), nor Potential Carcinogenicity. It does not address enhanced exposure and vulnerability of foetuses & children.
3. Uncertain Safety of the Technology. Emerging devices without premarket testing especially for long term effects on children
4. People are not adequately informed about the risks and may have erroneous perceptions of safety
5. Good Practices and alternatives DO EXIST to reduce exposure



Children Exposure to EMF/RF a possible carcinogen and neurotoxicant: The reality of 21st Century



ADDITIVE

**IT STARTS
AND
CONTNUES
THROUGH
VULNERABLE
STAGES
EMBRYO TO
ADULECENCE**

MULTIPLE

INTERMITTENT

2018....

ACTIVE & PASSIVE



No previous generation has been exposed during childhood and adolescence to this kind of radiation Hardell, L. (2017), **The largest full-scale experiment ever** Ole Johansson 2017, preentation

1999

Children Exposure to EMF/RF a possible carcinogen and neurotoxicant: The reality of 21st Century



IT STARTS

**MUST BE PROPERLY
EVALUATED AT
SCHOOLS
URGENTLY !...&
REDUCED 'alara'**



childhood and
, The largest
presentation

Undisputable FACTS and not only

The exposure for a 3-year old child (compared to an adult) is up to twice in brain tissues up to 10x marrow bone

International Agency for Research on Cancer



World Health Organization

PRESS RELEASE
N° 208

31 May 2011

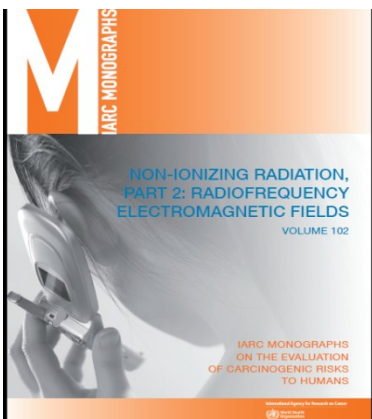
IARC CLASSIFIES RADIOFREQUENCY ELECTROMAGNETIC FIELDS AS POSSIBLY CARCINOGENIC TO HUMANS

Lyon, France, May 31, 2011 -- The WHO/International Agency for Research on Cancer (IARC) has classified radiofrequency electromagnetic fields as possibly carcinogenic to humans (Group 2B), based on an increased risk for glioma, a malignant type of brain cancer¹, associated with wireless phone use.

This classification applies to all RF-emitting devices, including WiFi.

- Robert A. Baan, PhD, IARC

- Studies used include: case-control, cohort, registries, and in vitro and in vivo toxicology



"The average RF radiation energy deposition for children exposed to mobile phone RF is two times higher in the brain and 10 times higher in the bone marrow of the skull compared with mobile phone use by adults."

- International Agency for the Research on Cancer Monograph on Radio Frequency Fields as a Class 2 B Carcinogen

HOW we are addressing the risks of wireless technology

- Campaign 2014-2018 "Home and School, an OASIS of PROTECTION from the radiation of mobile phones, Wi-Fi, and other wireless devices".

POLICY Level

An open dialogue to avoid Wi-Fi:

- ❖ Min. of Education
- ❖ Min. Of Health
- ❖ Parliament
- ❖ Environment Commissioner

FOCUS ON HOUSE AND SCHOOLS ... where children spend app 60-90% of there time

Awareness Raise & Promote Precautionary attitudes
PARENTS

Training and education

- Paediatricians
- Health care providers
- Teachers
- children



World Child Day Press conference By the Minister of Health Dr G. Pamborides 11/12/2015: A LAND MARK EVENT !

Campaign "Awareness raise to reduce exposure
and protect children from EMF/RF"

A LAND MARK EVENT

- ✓ The need for Protection of Children from EMFs accepted by all
- ✓ Strong support and commitment for Precautionary actions by the Minister of Health

Joined event with
3 MINISTRIES
Health, Education
& Communication
The Environment
Commissioner
the National
Committee



Wi-Fi: Cause passive and Active exposure



Scientific reality

the average Wi-Fi emitted energy is much lower than from mobile but

Mythos

- Because the energy emitted is relatively low Wi-Fi is SAFE

WI-FI HAVE PULSES & PEAKS OF VERY HIGH INTENSITY -BIOACTIVITY

2. EXPOSURE DURATION CAN be VERY LONG FOR SOME HOURS up to 24h

3. Wi-Fi depletes antioxidants and creates pro-oxidant oxidative stress that damages DNA, cell structures, membranes, and more (Martha Herbert, 2016)

4. Recent Review (2018) of 100 studies reveal damage to the reproductive system, brain functions, heart, liver, thyroid, gene expression, cell cycle, cell membranes, bacteria, and plants, on learning, memory, attention, and behaviour Wilke I : umwelt · medizin

DEGREE OF THE MIN. OF EDUCATION Jan 2017



ΚΥΠΡΙΑΚΗ ΔΗΜΟΚΡΑΤΙΑ
ΥΠΟΥΡΓΕΙΟ
ΠΑΙΔΕΙΑΣ ΚΑΙ ΠΟΛΙΤΙΣΜΟΥ

Αρ. Φακ.: 16.08.04/2
Αρ. Τηλ.: 22800876
Αρ. Φαξ: 22428277

ΔΙΕΥΘΥΝΣΗ
ΔΗΜΟΤΙΚΗΣ ΕΚΠΑΙΔΕΥΣΗΣ

31 Ιανουαρίου 2017

ΚΑΤΕΠΕΙΓΟΝ

Διευθυντές/Διευθύντριες
Νηπιαγωγείων και Δημοτικών Σχολείων

Θέμα: Εγκατάσταση και χρήση
Δημοτικής και

Αναφορικά με το πιο πάνω θέμα, π.

Εξετάζοντας την πληροφόρηση
από το Υπουργείο Υγείας, με την ε.
10 Μαρτίου 2016 (επισυνάπτεται),
ασύρματου δικτύου Wi-Fi στα δημό-
τις μετρήσεις που καταγράφονται σ-
του Υπουργείου Μεταφορών σε δ-
συγκεκριμένες μετρήσεις είναι κατ-
έκθεσης σε ηλεκτρομαγνητικά πεδία
μαθητών σε αυτά θεωρείται ως εντε

2. Εντούτοις, οφείλουμε να τον-
δικαιώμά του, υπό το φως των εξελ-
εθνικά όρια έκθεσης στα ηλεκτρομ-
αυστηρότερων κριτηρίων. Επομέν-
Προφύλαξης και ληφθούν συγκεκρι-
για τους μαθητές οι οποίοι φοιτά-
Εκπαίδευσης.

3. Με βάση τα πιο πάνω, έχουμε
Fi απενεργοποιηθεί σε όλα τα
απενεργοποίησή του, καλούνται οι εκπαιδευτικοί των Δημοτικών Νηπιαγωγείων να
επικοινωνήσουν με την CY.T.A. για την παροχή σχετικών οδηγιών.

4. Συστήνουμε, επίσης, όπως η χρήση ασύρματου δικτύου Wi-Fi στα δημοτικά
σχολεία περιορίζεται στο Γραφείο Διευθυντή, στο Γραφείο Γραμματείας και στην

Αίθουσα Διδακτικού Προσωπικού, όπου το Wi-Fi μπορεί να χρησιμοποιείται για
διοικητικούς σκοπούς. Τονίζουμε ότι το Υπουργείο Παιδείας και Πολιτισμού, μέχρις
ότου προκύψουν νέα δεδομένα με βάση τις Ευρωπαϊκές σταθερές που θα τεθούν
μελλοντικά αναφορικά με τη χρήση του συγκεκριμένου δικτύου σε σχολεία Δημοτικής
Εκπαίδευσης, δεν προτίθεται να προχωρήσει στην εγκατάσταση ασύρματων σημείων
πρόσβασης Wi-Fi σε αίθουσες διδασκαλίας δημοτικών σχολείων. Επομένως, στα
σχολεία που κρίνεται αναγκαίο, λόγω των αναλυτικών ή άλλων προγραμμάτων και
δράσεων (π.χ. Ευρωπαϊκά Προγράμματα και Προγράμματα του Παιδαγωγικού
Ινστιτούτου Κύπρου κ.ά.) οι εκπαιδευτικοί ή και οι μαθητές να κάνουν χρήση
ασύρματου δικτύου, αυτοί οφείλουν:

**Wi-Fi at nurseries and
classrooms of public
elementary schools is
PROHIBITED & wired
Internet must be
promoted!**

παιδιών, έτσι ώστε τα
δεν χρησιμοποιούνται

ύρματου δικτύου από
τη του συγκεκριμένου
έππει να εξασφαλίζει
ων τα παιδιά τους θα
τέλλοντας επιστολή
ύρματου δικτύου.

μοτικής Εκπαίδευσης
όλες τις αίθουσες
εξιοποιείται όποτε και

(Χρίστος Χατζηαθανασίου)
Αν. Διευθυντής
Δημοτικής Εκπαίδευσης

To foster Children's Health and academic achievement, healthy school environment must be addressed and integrated within education system (Davis D. EHT)

In Schools the "Alara" and "Precautionary Principle" should be applied by low EMF classrooms , specifying low EMF IT equipment and wired internet access network and in general low -EMF user practices (Davis D. EHT)

At home and school connect with wires

At Home
Get a Corded Landline



Computers
Tablet
Gaming devices
Routers
Printer
Mouse
Keyboard

Strahlende Informationen

10 Handy Regeln



Cyprus National Committee on "Environment and Children's Health"

Protect children and pregnant women against potential risks of radiation emitted by wireless devices and Internet connections, mobile phones, baby monitors and wireless Internet connections e.g. via WI-FI, mobile data

"Non-ionizing electromagnetic - 300GHz) including radiation e wireless devices/communication (Group (World Health

While research is in process, b Precautionary Principle, reduction protection, is the only responsible choice.

These guidelines will provide you with useful information on how you can protect your children. Translation of 2nd revised edition, October 2016

VIDEOS



Nicosia Declaration 2017 on Electromagnetic Fields/Radiofrequencies

16 Practical rules,



WHAT is Next ???



GRIECHISCHE BOTSCHAFT IN WIEN
PRESSE- UND INFORMATIONSBÜRO

Vienna 18 May Symposium on Safe Use of Digital Technology"

from fascination to addiction & update on potential health impacts of non-ionizing radiation from EMF/RF . A follow up from the Nicosia Declaration 2017

SCMichaelidou





Nicosia Declaration 2017 on Electromagnetic Fields/Radiofrequencies

Medical Associations of Vienna/Austria/Cyprus and the Committee on Environment and Child Health,

Potential Health Impacts

carcinogenicity
developmental neurotoxicity,
effects on DNA, on fertility, Hypersensitivity.
oxidative stress, Cognitive impairments in learning
and memory

Some of the Effects not yet fully established but :
There is Strong evidence for precautionary actions ..

NOW



ÄRZTEKAMMER
FÜR WIEN

KEY Declaration

Recommendations to Policy makers, Health Professionals, teachers and Parents

- Limits need to be revised but in the mean time existing science based / biological relevant criteria must be applied to evaluate children's exposure from devices or infrastructures.
- age related rational application of digital technology
- not allow wireless networks at schools, particular at preschool, kindergarten and elementary schools and opt for wired connections.,
- At home and schools the use of mobile phones and other wireless devices must be minimized.

Final Thoughts

Even if we accept that biological effects, despite the growing concrete evidence, are not yet “fully established”, we should not underestimate that:

1. The safety of the fast emerging technology in most of the cases has not been tested *nor proved for short term or long term health impacts*
2. Potential effects on children in particular e.g cognitive, neurological, carcinogenic etc are serious and not yet fully deployed !!

Can we risk our children's future waiting for full evidence, allowing them to become potential "experimental animals" ?

We can and must reduce the EXPOSURE. By applying PRECAUTION and Rational Technology application until LONG TERM SAFETY is CONCLUSIVELY PROVED BASED ON APROPRIATE INDEPENDENT RESEARCH . We must push for safer REGULATIONS ADJUSTED TO CHILDREN SPECIFICITIES (ANSES PROMOTE RESEARCH ADDRESSING CHILDREN VULNERABILITY & EXPOSURE)



THANKS FOR YOUR KIND ATTENTION

CYPRUS NATIONAL COMMITTEE ON
ENVIRONMENT AND CHILDREN HEALTH

www.cyprus-child-environment.org

